



Frequencies for Your Life



# The Wellbeing Program Group

The Wellbeing program group consists of three well-aligned Healy IMF programs. They contain frequency spectra, each of which relates to the body, mind and spirit and is intended to bring them into harmony with each other.

## The Body Program

The frequencies of the Body program are based on a proven database of basic resonances of the body's Bioenergetic Field.

## The Mind Program

The Mind program is developed on the basis of the traditional Solfeggio frequencies, which are intended to harmonize the mind and communicate with the cosmic spirit.

## The Spirit Program

The Spirit program contains octavated resonant frequencies of the spectral colors of light.

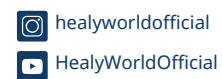
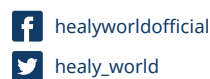
The three Wellbeing programs can be used individually, but also together for optimal synergy: for example, Wellbeing-Body on Mondays, Wellbeing-Mind on Wednesdays, and Wellbeing-Spirit on Fridays. For a more intensive application, all three programs can also be used together on the same day. This procedure is also suitable for an intensive 21-day Healy Wellbeing experience.

**Notices:** The Individualized Microcurrent Frequency (IMF) programs of the Healy are not medical applications. They are not intended to cure, treat, mitigate, diagnose or prevent disease, have not been reviewed by a notified body and are not part of a conformity assessment procedure under the MDD/MDR. The information on these pages is for reference and educational purposes only. It should not be treated as a substitute for professional medical advice, diagnosis or treatment. You should always seek such advice from a qualified medical professional.

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Body



Mind



Spirit